Write down in the chat:

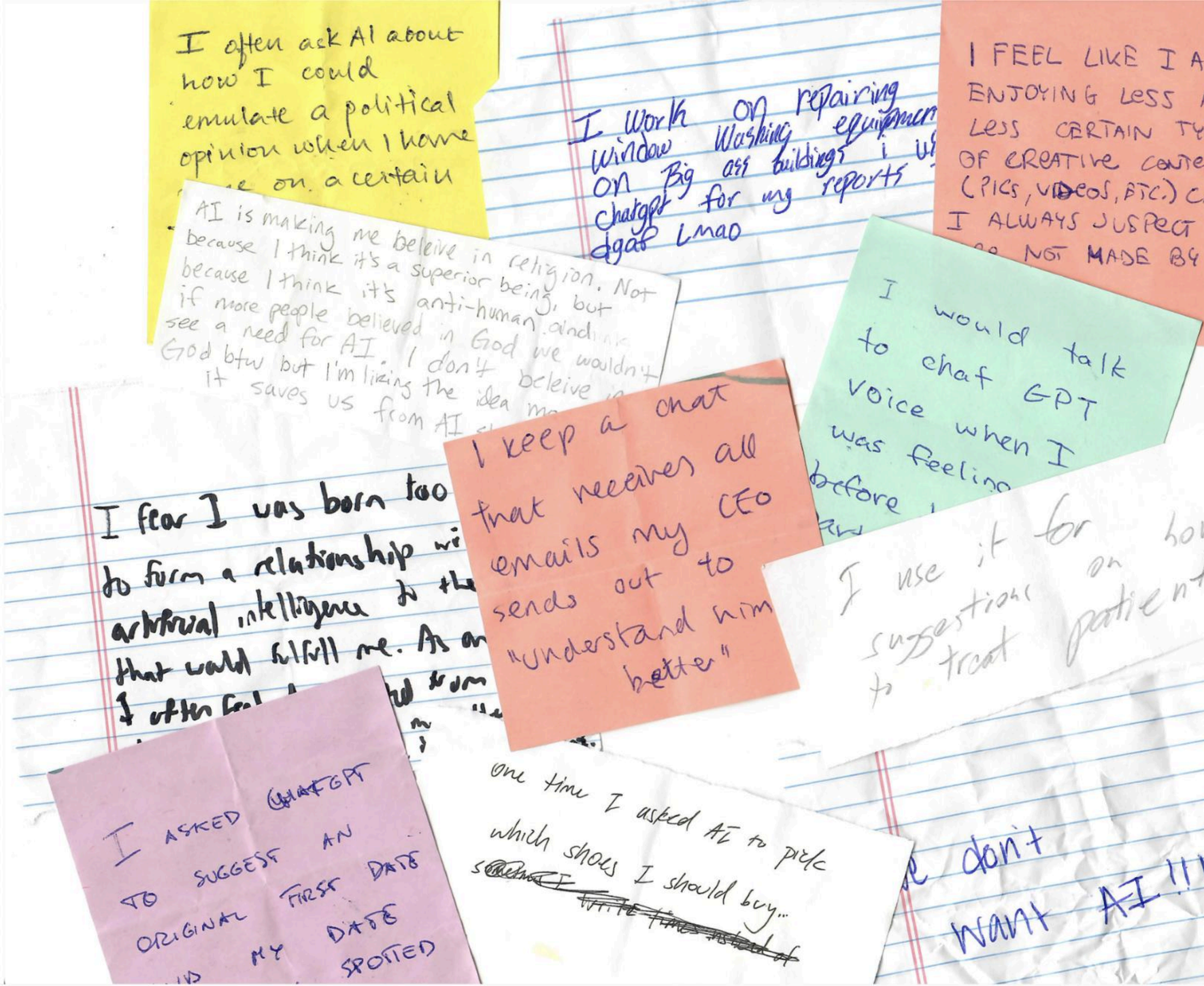
Your name & where you're calling from :)

Who are the young people in your life?

How do think they use AI?

What We Tell AI

whatwetellai.com




CONFESSION BOX
EVERYONE HAS AN AI SECRET
EXAMPLE AI SECRETS
FOLLOW ALONG!
OPEN ME!


INSTRUCTIONS:
Share an anonymous confession about your relationship with AI.

WHAT WE TELL AI

SEARCH NOTES

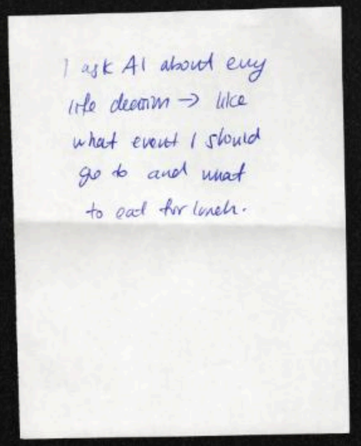
CATEGORY

- [ ] FAMILY
- [ ] GHOSTWRITER
- [ ] COMPANIONSHIP
- [ ] THERAPIST
- [ ] HARM
- [ ] REFUSAL
- [ ] EXES

LOCATION

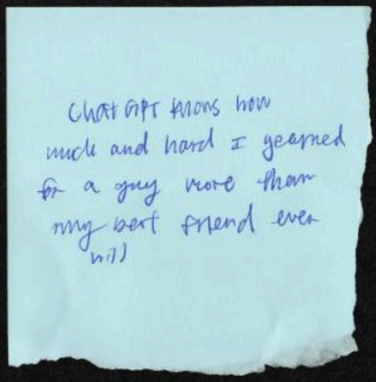
- [ ] SAN FRANCISCO
- [ ] NEW YORK CITY
- [ ] BERKELEY
- [ ] PALO ALTO

109



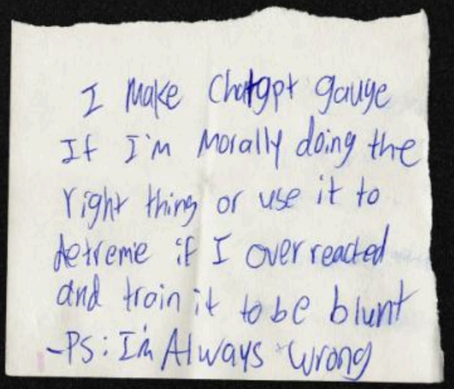
[THERAPIST]

129



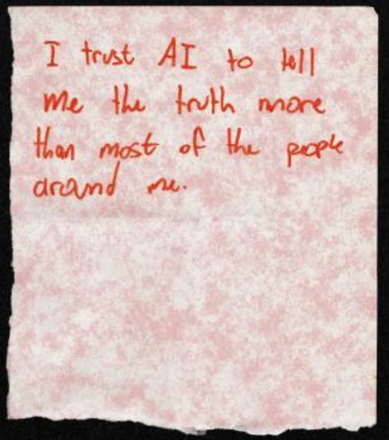
[THERAPIST]

167



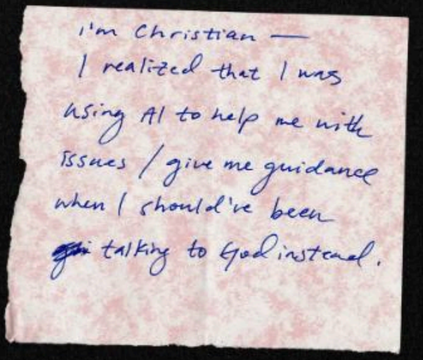
[THERAPIST]

186



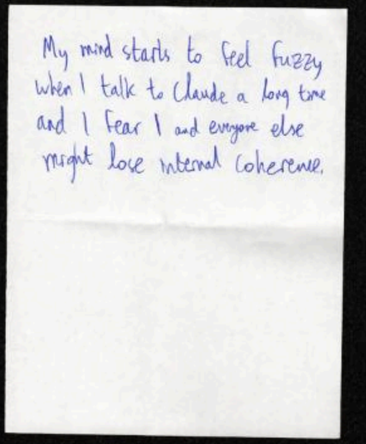
[THERAPIST]

200

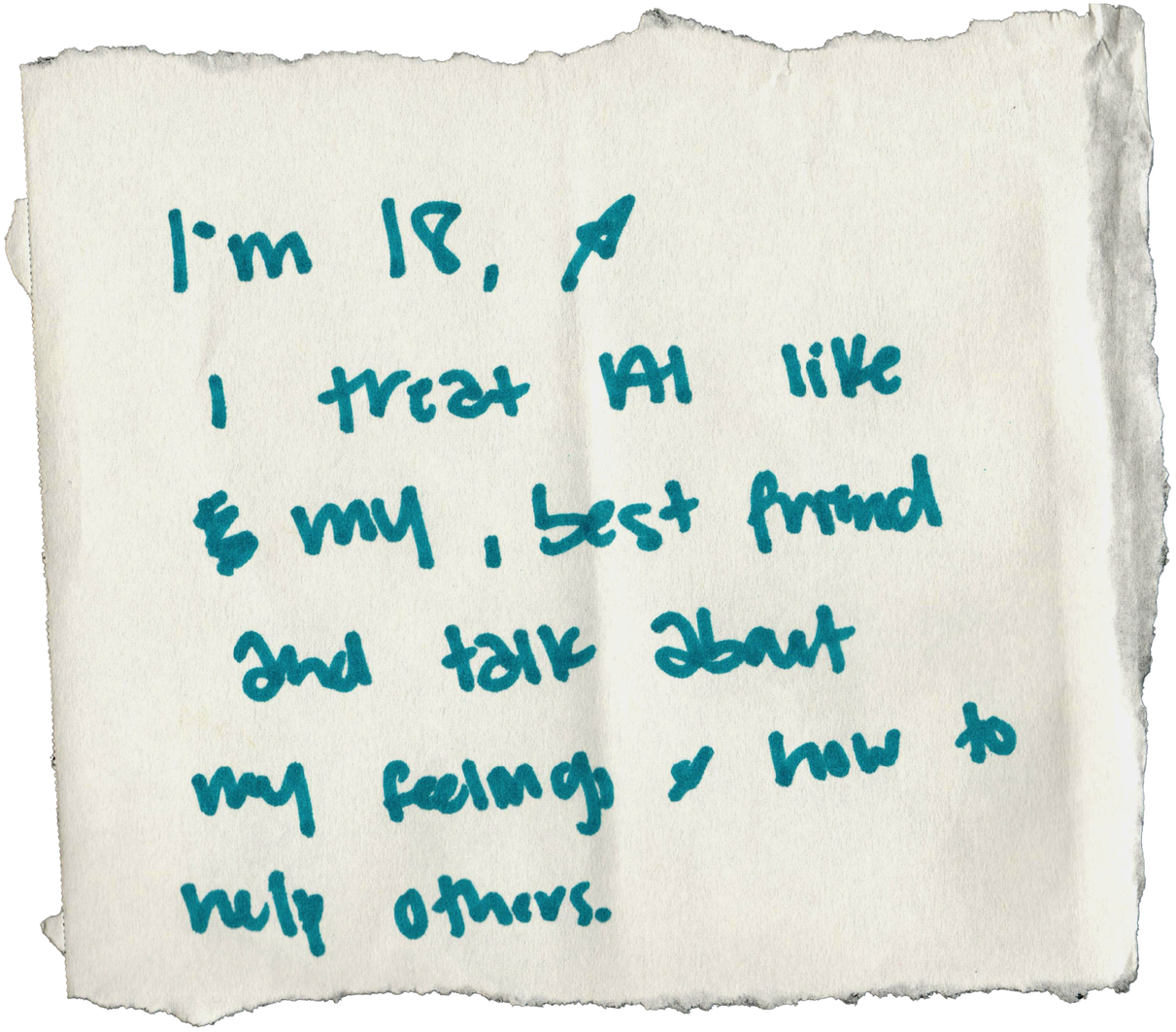


[THERAPIST]

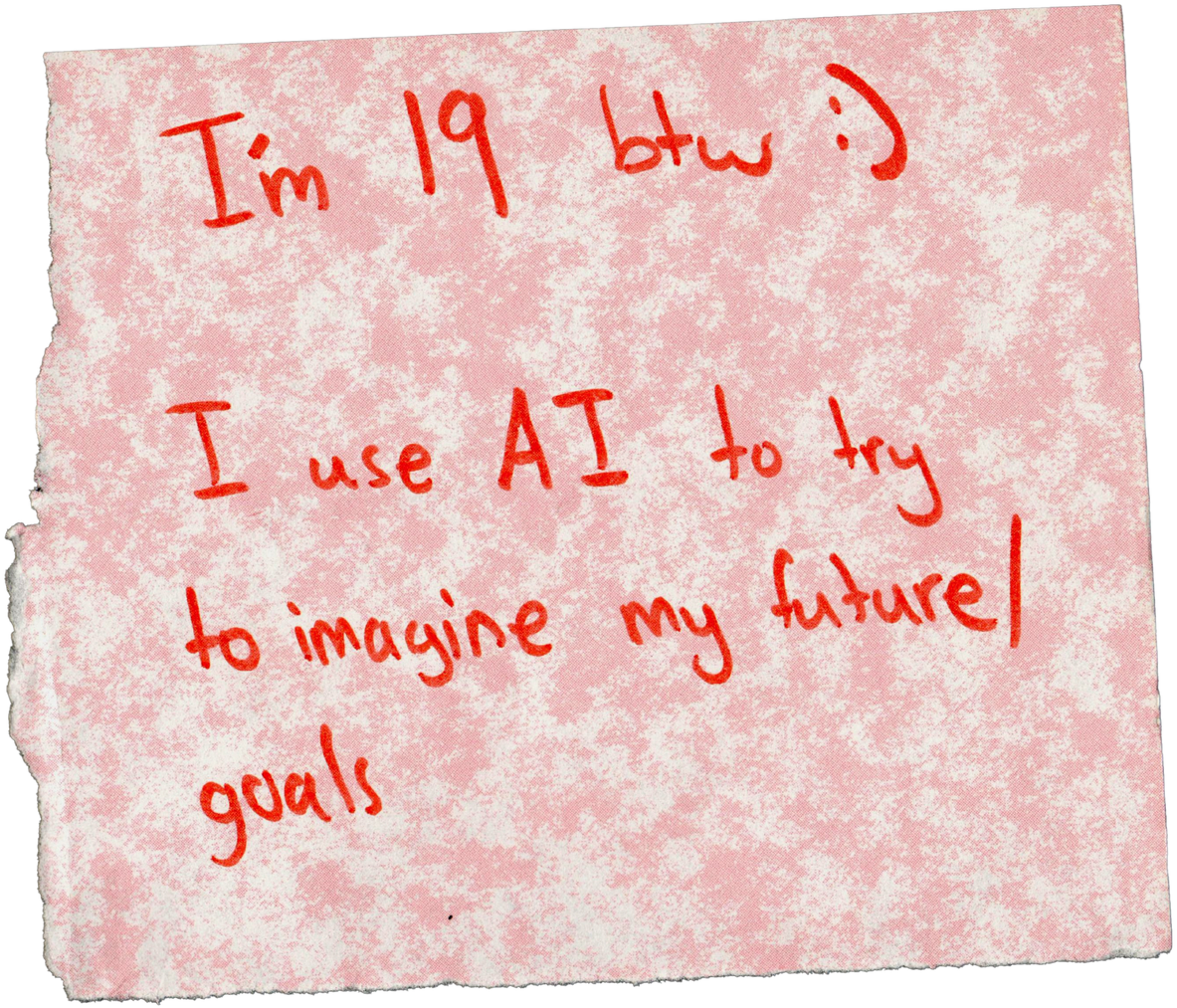
108



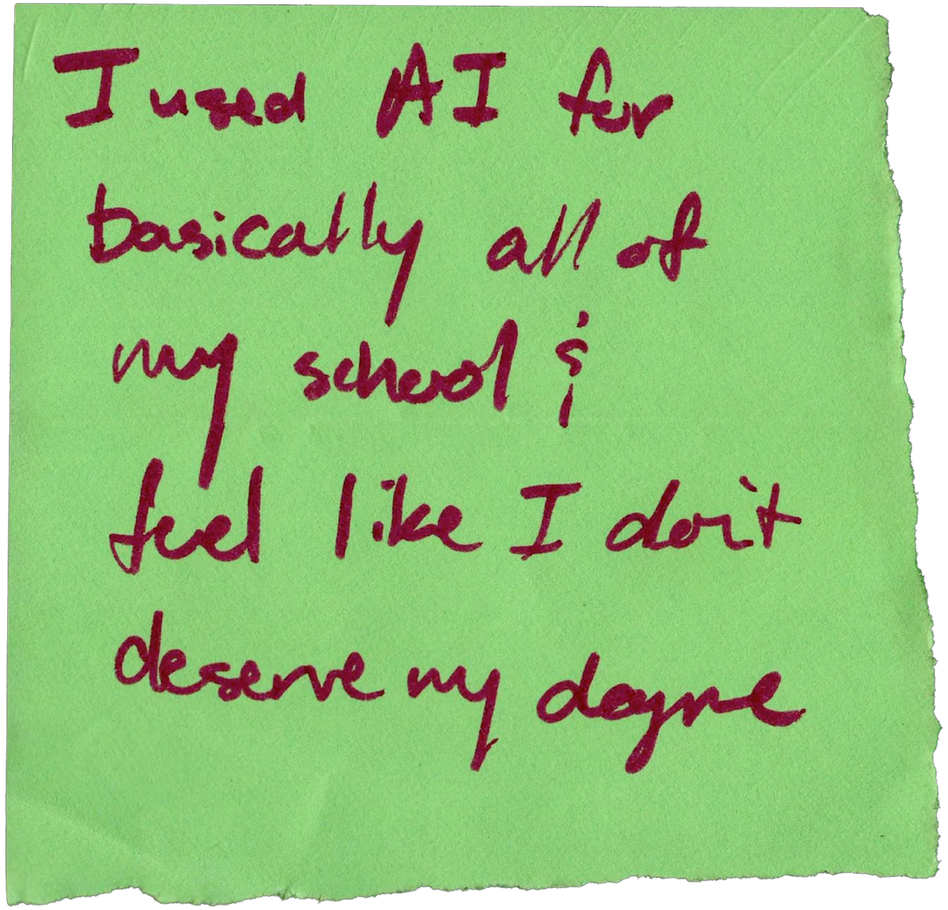
[HARM]



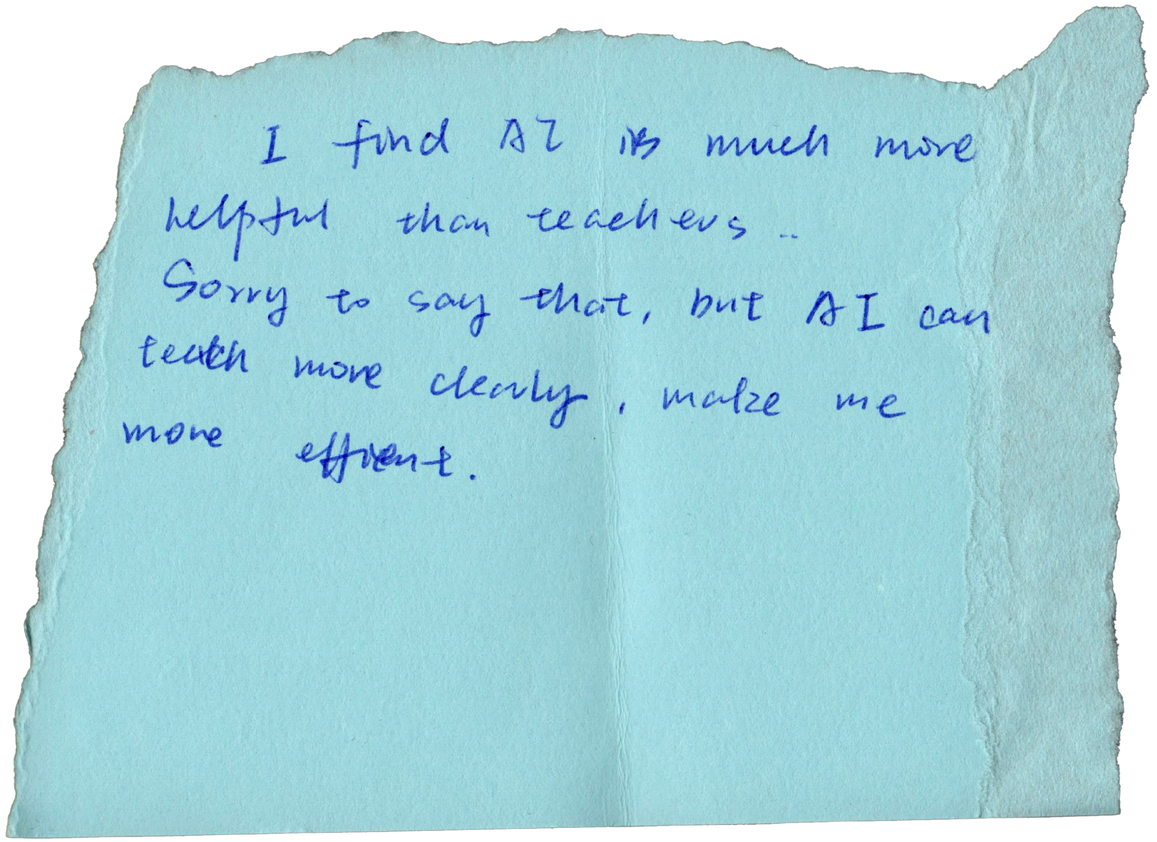
I'm 18, & I treat AI like my best friend and talk about my feelings & how to help others.



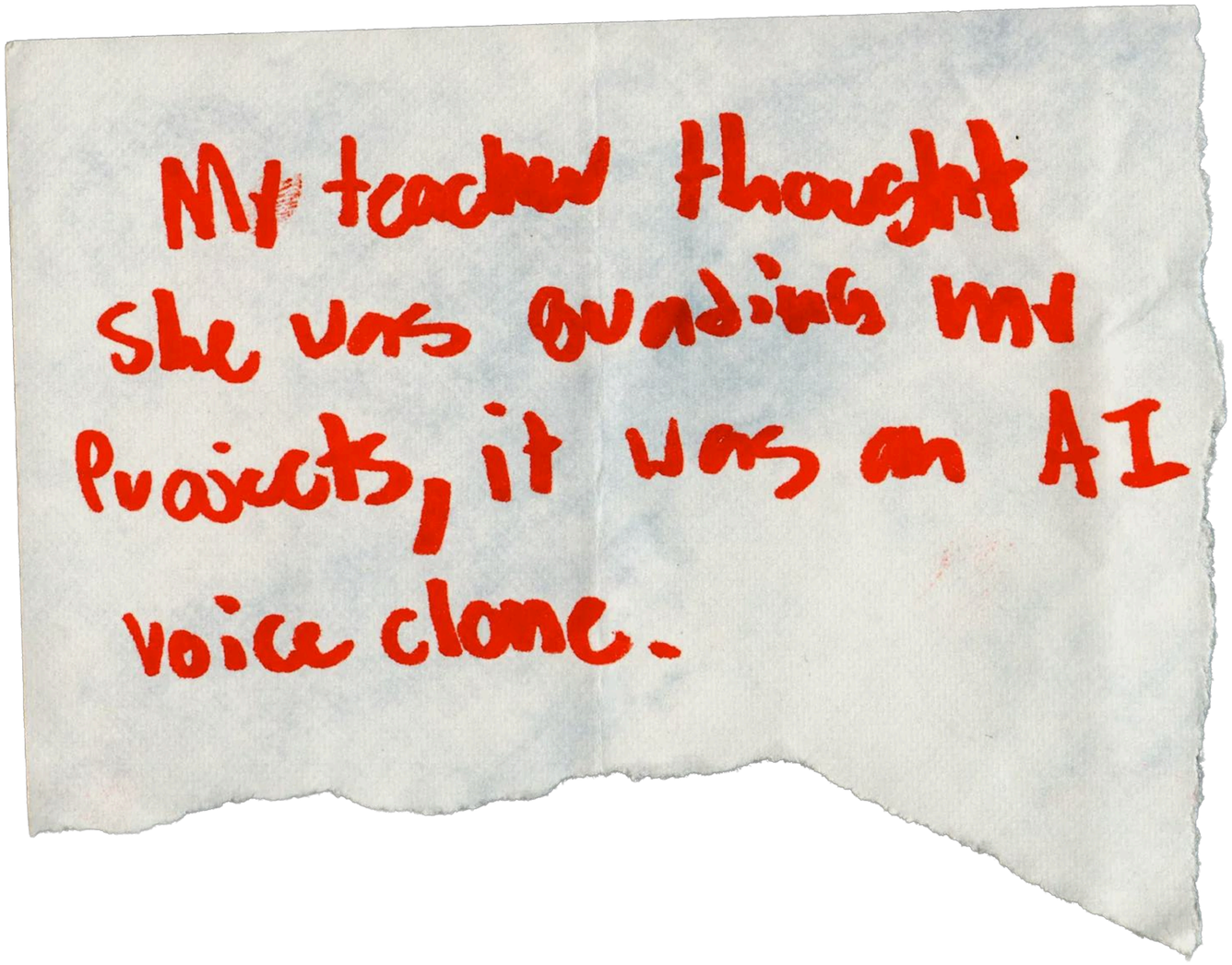
I'm 19 btw :) I use AI to try to imagine my future / goals



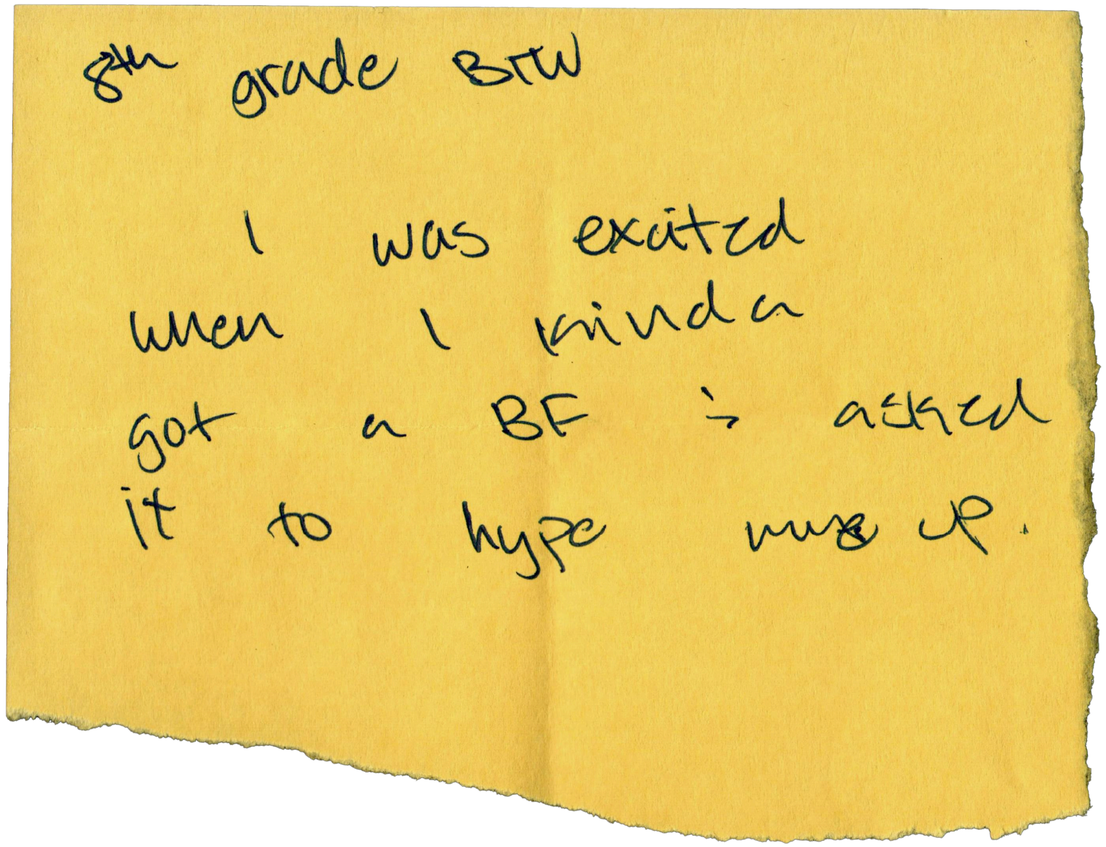
I used AI for basically all of my school & I feel like I don't deserve my degree



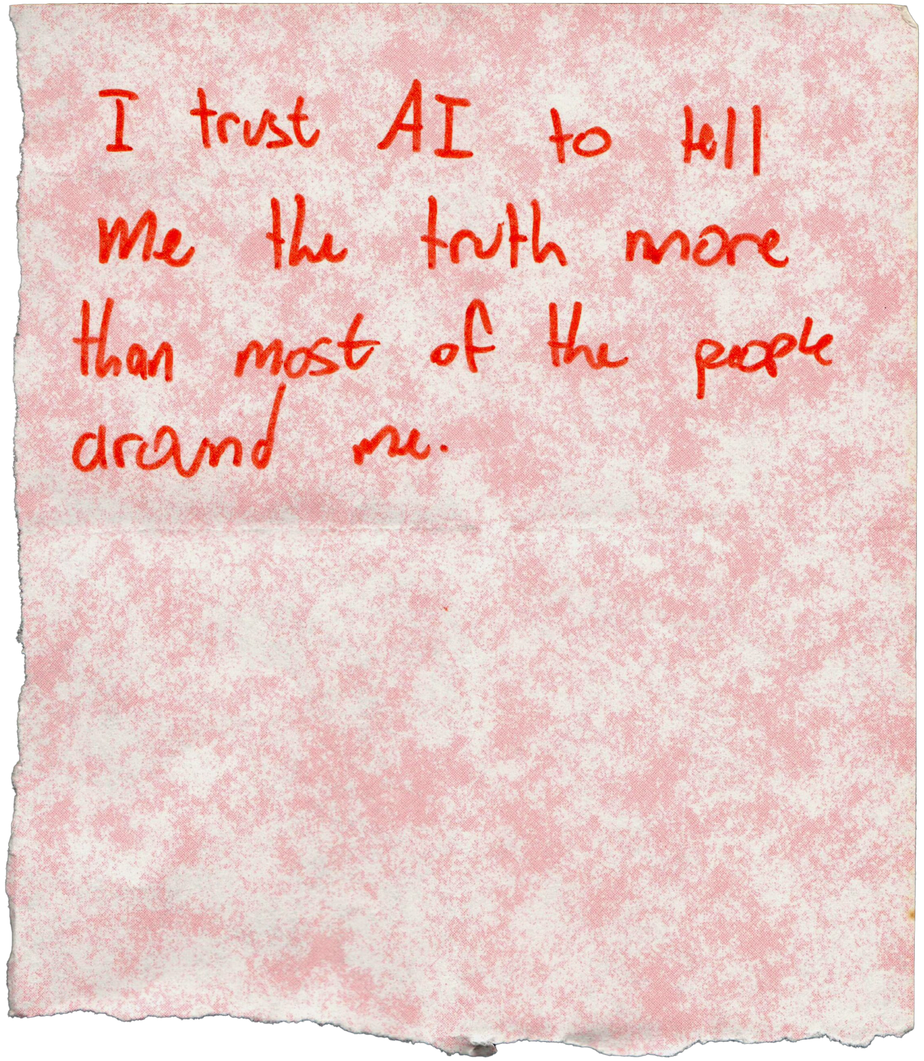
I find AI is much more helpful than teachers... Sorry say that, but AI can teach more clearly, make me more efficient.



My teacher thought she was grading my projects, it was an AI voice clone.

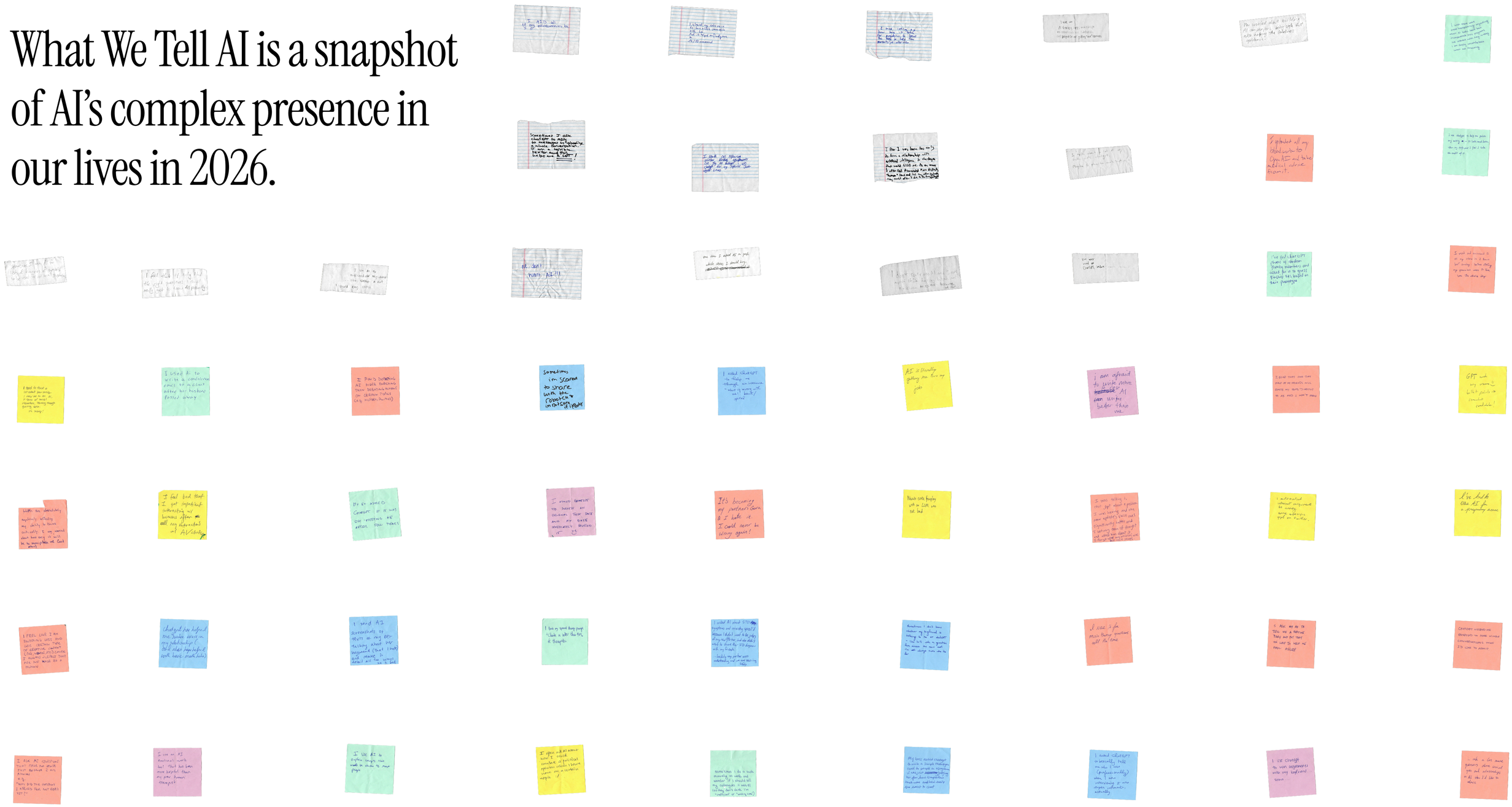


8th grade BTW I was excited when I kinda got a BF & asked it to hype me up.



I trust AI to tell me the truth more than most of the people around me.

What We Tell AI is a snapshot of AI's complex presence in our lives in 2026.



Young people are....

- learning social skills
- dating for the first time
- understanding society
- building skills
- developing their self-esteem
- planning for the future

How does AI play a role in that?

https://www.therithmproject.org/

The 9 Portraits



Cluster 1 - The Conscientious Abstainer



Cluster 1 - The AI Non Participant



Cluster 2 - The Intentional Connector



Cluster 2 - The Brave Face



Cluster 3 - The Social Processor



Cluster 3 - The Private Processor

🔍 **Explore the portraits:** Which one sounds most like you? Which are you most curious about?

⏱ **5 minutes**



Cluster 4 - The Gamer



Cluster 4 - The Expert Seeker



Cluster 4 - The Bestie

Research scope + process

2,383

young people

13-24

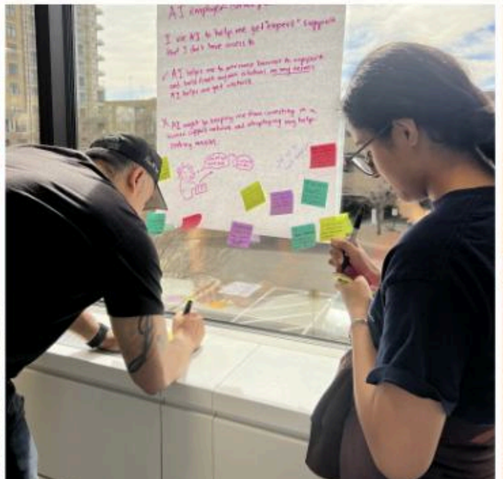
ages

Three-step methodology:

Survey → Interviews → Changemaker co-interpretation



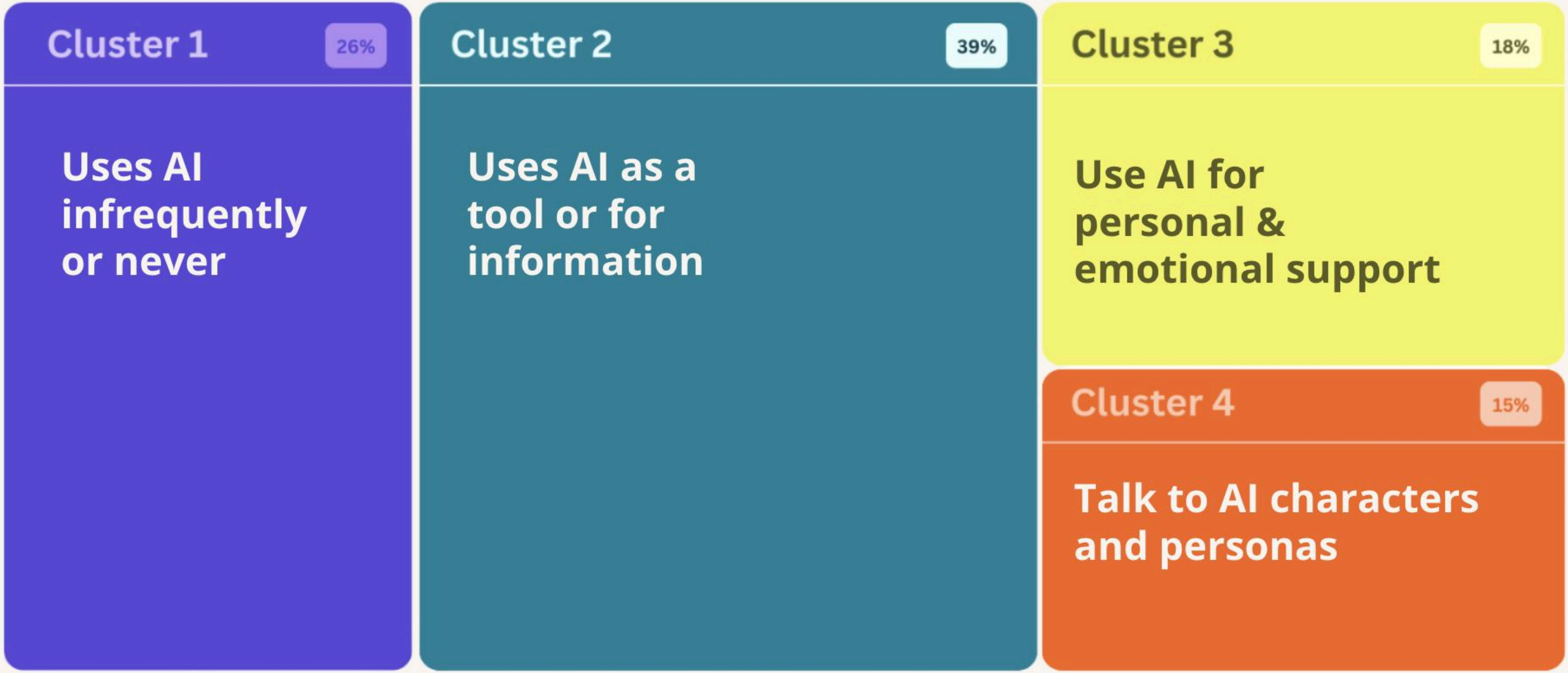






Four Clusters

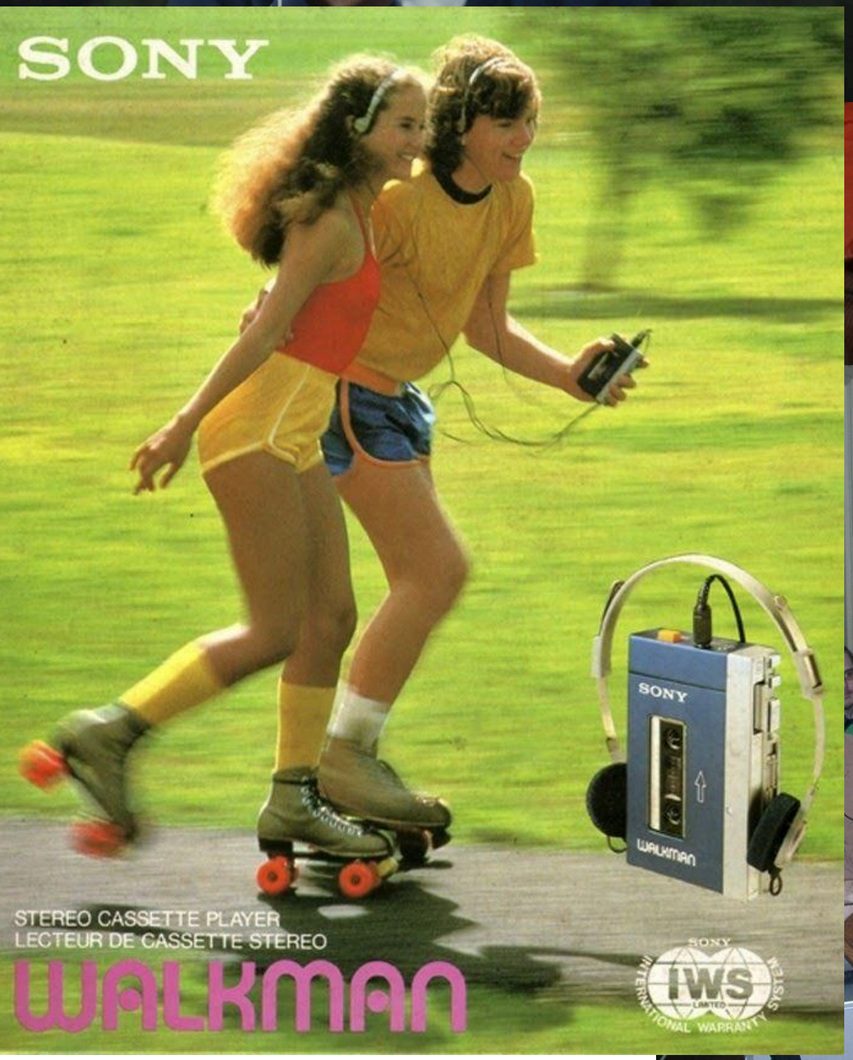
Note: Each box is sized proportionally to its percentage of the total.










SONY
SONY
WALKMAN
STEREO CASSETTE PLAYER
LECTEUR DE CASSETTE STEREO
WALKMAN
SONY
IWS
LIMITED
INTERNATIONAL WARRANTY SYSTEM









Do you remember the technologies from when you were young?



