HARVARD GRADUATE SCHOOL OF EDUCATION

CENTER FOR DIGITAL THRIVING

AI TO Z GLOSSARY

CREATED AT PUBLIC AI SUMMIT 2026

A

AI creep /ˌā ˈī ˈkrēp/ *n.*

1 The feeling of vulnerability that occurs when an AI's response to a prompt feels a bit too insightful: *I was just venting about work and it said, 'It sounds like you're afraid of letting people down.' I hadn't even figured that out myself, and I was like, how do you know me as well as my mom?*

AI jet lag /ˌā ˈī ˈjet ˌlag/ *n.*

1 Feeling like you're always behind whatever is happening in the world of AI: *Keeping up with this stuff feels like permanent jet lag. I'm always in a different time zone, even though I haven't gone anywhere else.*

ar·ti·fi·cial friend·ship /ˌärdəˈfiSHəl ˈfren(d)SHip/ *n.*

1 How LLM chatbot products reinforce pervasive values of individualism and create easy avenues toward social isolation: *I noticed I'd stopped texting my group chat about stuff. It was just easier to talk it through with the bot.*

C

com·mun·es·cap·ism /ˌkämyo͞onəˈskāpˌizəm/ *n.*

1 When the solution to every scary bit of AI-related news is to run away to the woods and start a commune: *We discussed another AI headline over dinner, and by dessert everyone had talked about what their ideal bunker would look like.*

D

div·AI·ded /dəˈvīdəd/ *adj.*

1 Feeling divided on whether or not to engage with AI: *Honestly, I'm divAIded. I love what it can do, but I also hate how much I've started relying on it.*

F

fake eu·re·ka /ˈfāk yo͝oˈrēkə/ *n.*

1 Thinking you've made a huge personal breakthrough through using a chatbot, but not realizing that it totally conflicts with something obvious in reality: *It made me feel like I was the only person who'd ever felt this way. Turns out it's one in five people. Not exactly a breakthrough.*

M

meh-met /ˈmeˌmet/ *n.*

1 The realization that AI-automated tasks are "good enough" without needing to be impactful or impressive in quality: *The summary it wrote was so meh-met. But who's going to read it anyway, so I just hit send.*

T

trus·ten·sion /ˌtrəsˈtenSHən/ *n.*

1 The tension between trusting AI and doubting its answers: *I don't know if I believe everything it tells me, but it's so convenient to just go with it, especially when I can't be bothered to check another source. And honestly, it's nice to feel validated sometimes.*

Y

you·can't·make·me·i·fi·ca·tion /yo͞oˌkantˌmākˌmēəfəˈkāSHən/ *n.*

1 When you know AI could do it better, but you're feeling really stubborn about not using it: *I know it could reformat this whole spreadsheet in two seconds. I'm still doing it by hand. Don't ask me why.*

you·snooze·you·los·er·ism /yo͞o ˌsno͞oz yo͞o ˈlo͞ozərˌizəm/ *n.*

1 When expectations are raised so high that nobody can complete the assignment without AI, and the student who isn't using it is told "everyone else managed": *Everyone turned in polished papers overnight, and I was shunned for not managing.*

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